

HIKING JOURNEY

On The Celtic Way

WALKING IN CORNWALL, DEVON, NORMANDY, BELLE ILE AND BRITTANY

14 DAYS



WALKABOUT
GOURMET ADVENTURES

Journey Overview

Cornwall is a fantastic county with friendly people, beautiful countryside, great food, a vibrant history and a strong sense of Celtic culture. During our walks we discover tiny fishing villages, smuggler's coves, dramatic cliffs, countless spectacular beaches and sweeping bays.

The Dartmoor in Devon is a truly inspiring part of the world! It has swards of pastures, narrow lanes and picturesque thatched cottages. The heart of the moor is wild, heather-covered hills, punctuated by the stark beauty of the granite tors.

Normandy - the land of calvados, camembert and cider - just can't help looking like it is posing for a picture postcard. Rolling hills so green they make your eyes squint.

Mont St Michel is amongst the most unlikely, extraordinary sites on the surface of the earth. What makes it so exceptional, besides bearing some of the finest examples of gothic architecture ever produced, is the location of the "Mount" itself. The so-called Bay of Mont St Michel sees the largest tides in the world with up to 12 metres difference between high and low! As a result, the bay changes twice a day from a flat sandy beach to the ocean. During our visit we have time to admire the abbey in its unique location.

Brittany offers an outstanding setting for some wonderful walking; a rugged coastline swept by the rough Atlantic Ocean. Above the cliffs, massive granite headlands covered in heath extend back to sun-drenched forests and picturesque villages. The spectacular coast occasionally interrupted by long sandy beaches, rivers and hidden bays, surprises walkers time and time again. The movement of the huge tides provides a fascinating spectacle.

Belle-Ile-en-Mer is surrounded by steep rugged rocks and braves the Atlantic Ocean. Incessantly wave after wave breaks at the innumerable corners and angles of the rocks, washing them continuously. Roaring surf and foaming spray are special features of Belle Ile.

Journey Schedule

DAY 1

Exeter – St Ives – Helford

DAY 2

Helford Passage & Frenchman's Creek

DAY 3

Cape Lizard & Kynance Cove Circuit

DAY 4

Helford Passage – Free Day

DAY 5

Bodmin Moor & The Cheesewring – Chagford

DAY 6

Mills End – Chagford – Teign Valley – Fernworthy Reservoir

DAY 7

Chagford – Plymouth – St Malo

DAY 8

Roscoff – St Malo – Mont Saint Michel

DAY 9

St Malo – Free Day

DAY 10

Saint Malo – Quiberon – Belle Ile

DAY 11

Grand Phare – Port Donnant – Pointe Du Talut – Plage D'herlin

DAY 12

Le Grand Large – Free Day

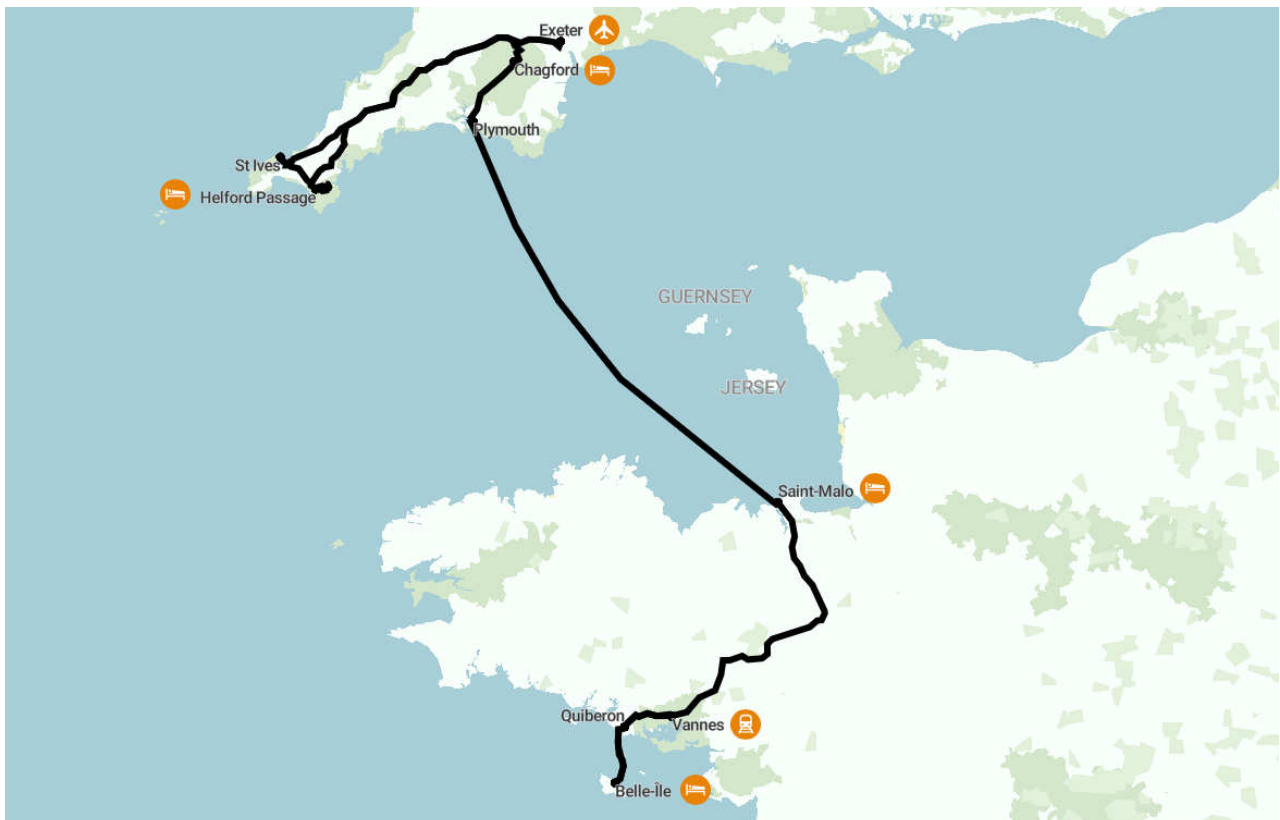
DAY 13

Kerzo – Sauzon – Pointe Des Poulains – Port De Steir Vras

DAY 14

Le Grand Large – Vannes

Journey Itinerary



DAY 1

Exeter - St Ives – Helford

We meet at 10.00 a.m. at:

MERCURE EXETER SOUTHGATE HOTEL

Southernhay East

EX1 1QF Exeter, UK

+441392495811

www.mercure.com

After our pick-up we leave the city and join the A 30 to St Ives where we stop for a late lunch and a short town visit! With a beautiful harbour and endless photo opportunities, the pretty seaside town of St. Ives is one of the true treasures in Cornwall. It has a

thriving arts scene and artists have been coming here to paint the beautiful landscape for more than 200 years, including none other than Turner himself. Today it has nothing to do with the “windy, noisy, fishy, vociferous, narrow-street town; the colour of a mussel or a limpet; like a bunch of rough shell fish clustered on a grey wall together, how it was described by Virginia Woolf who spent every summer here to the age of twelve! In the afternoon we continue our journey to Helford Passage. Our hotel is a four-star country house nestled in 65 acres of organically managed sub-tropical gardens and parkland on the banks of the tranquil Helford River on the spectacular Cornish coast. The hotel has its own golf course, tennis courts, large indoor pool and health spa. In the evening we dine in the award-winning restaurant where we discover many Cornish seafood specialties.

HELFORD PASSAGE, CORNWALL, ENGLAND



DAY 2

Helford Passage & Frenchman's Creek

Today's walk has it all!! ...a drowned river valley (Helford River), two creeks (Gillan and Frenchman's), superb sea views (Falmouth Bay), ancient woodlands (Bosahan Estate), four attractive villages and rolling countryside. It is allegedly one of the best walks of its kind in Britain. We traverse the valley garden of our hotel and walk to Helford Passage where we take the little passenger ferry and cross to Helford village with its thatched roofs and history of smuggling. We join the South-West Coast Path through the hamlet of Treath and meander through the wooded Bosahan Estate. At Dennis Head, which marks the entrance to Gillan Harbour, we can admire Falmouth Bay before we amble down to St Anthony-in-Meneage (the land of the monks) and visit its candlelit church and holy well. We continue along the lane that hugs the northern bank of Gillan Creek to a little National Trust wood where we might stop for our picnic. From here we walk towards Manaccan and then to Manaccan Church before we continue through fields and woods to the hamlet of Kestle with its interesting old farm buildings. We take the steep track down to Frenchman's Creek (of Daphne du Maurier fame), which often has an eerie stillness perhaps because of the number of waterlogged fallen trees. We take the National Trust path and after taking a flight of steps we can take in the view of the Helford River. We continue along the path to Penarvon and then to Helford village and perhaps the Shipwright's Arms. For our return we summon the ferry by opening a display board and return to Helford Passage.



5 HOURS



HELFDORF PASSAGE, CORNWALL, ENGLAND

DAY 3

Cape Lizard & Kynance Cove Circuit

Today we drive to Cape Lizard, which derives its curious name from the old Cornish "Lis-ardh", meaning fortress. It is a notorious stretch of coastline that has been the site of many disasters at sea. Only a short distance from the car park is Britain's most southerly point - Lizard Point, which is famous for its dramatic cliff walks, wild flowers and geological features, including the local Serpentine Rock. Many feet below us we can see the lifeboat station that shelters at the foot of the cliffs. The Lizard is well known for its wildlife but the Cornish Chough is the star attraction. We follow the coast path towards Housel Bay and pass the Lizard Lighthouse - built in 1751 and operated by Trinity House since 1771. We pass the white turreted building of Lloyds Signal Station and shortly later come to a promontory with a very large prominent rock which leads to the Lifeboat Station. Here we leave the coast path for a short time and turn inland up the lane to the village of Church Cove, passing some stunningly pretty thatched cottages on the way. Eventually we pass the church of St Wynwallow and the lane leads us into Lizard village. On the way is Ann's pasty shop which is a must! After lunch we continue to Caerthillian Cove and then to Kynance Cove which has to be one of the most spectacular parts of the Cornish Coast. Kynans is Cornish for gorge/ravine and it is said that the cove was occupied by the Celts as far back as 300 years BC. There is also evidence on the nearby moorland that the area might have been in use during the Bronze Age. The most likely reason for the occupation of this remote place is the ease with which it could be defended and the supply of fresh water. At low tide the beach of golden sand is very inviting for a paddle in the clear blue water. Once the tide comes in, the beach disappears and this is when Kynance comes into its own. The Serpentine cliffs are a mass of different colours - reds, greens and blues all in varying intensities. The best time to view the serpentine is as the tide goes out. We stop for a short break in the beach café and with some luck we might even see seals. From here we take the cliff top path and return to our buses. The evening is at your leisure.

 **5 HOURS**

 **HELDFORD PASSAGE, CORNWALL, ENGLAND**

DAY 4

Helford Passage - Free Day

Our hotel is the perfect setting for those wishing to have a quiet day. You can spoil yourself with massage and aromatherapy treatments (for men and women) or just enjoy the indoor heated pool, sauna and the outdoor hot tub! The terrace of our hotel is also the perfect setting to taste one of those famous Cornish cream teas – delicious! For the more energetic, attached to our hotel is the James Braid golf course, which beckons! From the front door of our hotel, you can take a stroll through the valley garden, past the terraced ponds and waterfalls to a secluded creek on the Helford River. There might be a possibility to explore some of the coves on the riverboat Hannah Molly. Only a stroll away from our hotel is the beautiful sub-tropical gardens of Trebah, on the banks of the Helford River. They have a fascinating past and were first mentioned in the Domesday survey of 1085. Much later, the Ordnance Survey map of 1813 shows Trebah as being simply a wooded valley and it was here that the gardens subsequently developed. During the war years the garden maintenance was reduced to a minimum and the beach was used as an embarkation point for a regiment of 7,500 of the 29th US Infantry Division for the assault on Omaha Beach. At the very centre there is a recently re-designed water garden. This was built around a natural spring that flows downhill through a series of pools and cascades. The path criss-crosses the water and all around is a beautiful planting scheme. The visit would not be complete without enjoying Gunnera Passage. This is a well-loved area situated between Azolla Mond and Mallard Mond. The leaves of these ‘giant rhubarbs’ are so large that they provide shelter from the rain when you wander beneath them and shade against the sun. Dinner tonight will be in the restaurant of our hotel.



AS MUCH OR LITTLE AS YOU LIKE



HELFDOR PASSAGE, CORNWALL, ENGLAND

DAY 5

Bodmin Moor & The Cheesewring – Chagford

After a last delicious breakfast, we leave our retreat and drive to Minion on the southeast corner of the Bodmin Moor. At 305 metres above sea level, it is the highest village in Cornwall. It was one of the most productive copper mining areas in the world and now ruined workings abound are testament to a bygone age. We walk in the direction of The Hurlers – two stone circles which soon come into view. It is a magical and mysterious place and the local legend has it that some of the local men were playing a Cornish game known as hurling on the Sabbath and were turned into stone as punishment. The Hurlers attract visitors from all over the world who come to "dowse" the stone circles and feel the energy that is said to come from them. Before we make our way to the Cheesewring, we visit the Minions Heritage Centre which is located in the restored engine house of the old South Phoenix Mine. We follow a track towards Stowe's Hill and the Cheesewring. As we approach Stowe's Hill, the views become more impressive. The immediate landscape is rather reminiscent of Sir Arthur Conan Doyle's Lost World and the search for the plateau. Soon we approach a reconstruction of Daniel Gumb's Cave, a mystic and mountain philosopher who lived nearby with his family in the 18th century amid the natural granite blocks. We clamber up and admire the Cheesewring, a natural rock formation of granite slabs formed by weathering, before we continue to the peak of Stowe's Hill, observing all the other natural rock formations around. This is a special place and the views from here on a clear day are superb. Our trail takes us through stones which are the remains of a Bronze Age defence wall and surround the settlement of Stowe's Pound. From here we start our steep descent to the cheese farm, which we can see below us.

Once we have reached the farm we walk along the footings of an old disused railway. There are fantastic views along here and it is not like a railway line at all, more like a series of granite stepping-stones. As we advance on our return track to Minions, the Cheesewring makes a final appearance behind, peeking to say goodbye.

After a refreshing drink in one of Minions's original pubs, we drive to Mills End in Chagford, Devon where we stay for the next two nights. A warm welcome awaits us at our hotel which is nestled in a river valley just outside the ancient moorland stannary town of Chagford. The origins of Mill End Hotel lie in a 15th century mill, still at the heart of the hotel today, which was built to grind cereal into flour. The restaurant in our hotel

is well-known for its cuisine which consists of locally grown vegetables, Devon beef, fine local game and fresh fish sourced from around the Devon coasts.

 **4 HOURS**

 **CHAGFORD, DARTMOOR, DEVON, ENGLAND**



DAY 6

Mills End - Chagford - Teign Valley - Fernworthy Reservoir

Dartmoor is a splendid, wild and untamed land within a land. It is a region of dark granite rocks and towering tors. Some of these tors have fired man's imagination for decades.

In the famous Sherlock Holmes adventure 'Hound of the Baskervilles' they certainly struck a chill in Dr. Watson's heart! In certain moods, Dartmoor can be awesome and daunting as granite tors rise steeply over marshy bogs and rolling moorland and dark clouds descend filling the air with an unforgiving menace.

This is only one face of the fascinating, diverse scenery of Dartmoor, mostly it is bright and shining, a land of myths and legends abound through hilltop and lowland villages. Our walk today takes us through fairy-tale picture-book scenery. We follow the Teign's course, experiencing some of Dartmoor's loveliest countryside as the river moves through quiet, sheltered valleys and boulder-strewn gorges. All along here the riverbanks are quite beautiful and show wonderful species of river wildlife.

Farmsteads and agricultural holdings, great houses, ancient churches and relics from old industries, which for centuries moorland folk garnered a living, criss-cross our path. On our walk in Dartmoor, you may also encounter some of the moor's wealth of pre-historic remains, mainly dating back to the late Neolithic and early Bronze Age and numerous standing stones, stone circles and stone rows.

Fernworthy Stone Circles are set against the majestic backdrop of some of Dartmoor's highest peaks, in a beautiful forest spot amidst some 1,400 acres of stunning woodland scenery. We finish our walk at the close-by reservoir, man-made but extremely picturesque and quite in keeping with the natural charm and beauty of the area. The reservoir is fed by crystal clear streams, tumbling from the high granite peaks. A little bit further on into the forest is a wonderland of wild-flowers and herbs. Not much disturbs the peace of this lovely spot, save for the call of birds. Time permitting, we can see a group of pre-historic hut circles. These are not as grand as those to be seen at Stonehenge but they are certainly worth seeing. Some say that the Beaker people inhabited these around 4,000 years ago.

In the late afternoon we re-join our buses and return to our hotel! Dinner is in the restaurant of our hotel.

 **5 HOURS**

 **CHAGFORD, DARTMOOR, DEVON, ENGLAND**



DAY 7

Chagford - Plymouth - St Malo

Due to our late ferry departure, this morning we walk up to Drogo Castle which sits high above the Teign Gorge. Built entirely of granite in the 1910s and 1920s for Julius Drewe (businessman and founder of the Home and Colonial Stores), the design of the castle harks back to a romantic past. The delightful formal gardens are certainly worth a visit.

We also will have time to discover Chagford a bit more in detail. This medieval market town was one of four Devon towns to be granted a charter to mine tin in the Middle Ages. It overlooks the Teign Valley, offering very fine views of the rocky tors and Castle Drogo. In the shadow of the 15th century bell tower, the marketplace is lined with small granite white-washed houses, a 13th-16th century inn and a covered market of antiquated charm called the Pepperpot.

After a leisurely lunch (main meal for the day), we have to part from this idyllic setting and make our way to Plymouth from where we catch the overnight ferry to Roscoff in France. There will be opportunities to buy a snack or light dinner either before or after we are on board!

 **2 ½ HOURS**

 **BRITTANY FERRY, OUTSIDE CABIN**



DAY 8

Roscoff - St Malo - Mont Saint Michel

After our arrival in Roscoff at approximately 8.00 a.m. we stop for breakfast and then drive to the corsair home harbour of Saint Malo which will take about 2 ½ hours.

St Malo is a very attractive town which was once prosperous from the so-called "triangular" trade. Beautiful houses remain in the historical part of town - all of which are surrounded by high walls. Our hotel in St Malo is right at the entrance to the historical fortress town and only a short distance to the Mont Saint-Michel Bay. Our selected restaurants specialize in a traditional, yet creative cuisine made with regional produce - fish and seafood. After checking into our hotel, we drive to the Mont and experience the extraordinary Bay of Mont Saint-Michel. We learn to understand the unique features of this natural wonder, a huge area of flat sandbanks, which sees some of the biggest tides on earth, close to those of the Bay of Fundy, Canada, and Derby in Western Australia! The Mont Saint-Michel itself is an unlikely sight. Originally a big rock sitting at some distance off the main shore, it was developed as early as the 10th century as a place of pilgrimage and worship, following tales of repeated apparitions of St Michael to the bishop of Avranches (a nearby town). Quite interestingly the tales were close to those reported at Monte Sant Angelo in Italy which led, as well, to the construction of an abbey. Over the centuries Mont Saint-Michel saw numerous additions to the original abbey, making it the wonder that we are given to admire today. We spend the rest of the afternoon to explore this amazing abbey and return to our hotel in St Malo in the late afternoon. Dinner will be at a seaside restaurant near our hotel.

 **2 HOURS**

 **SAINT MALO, BRITTANY**

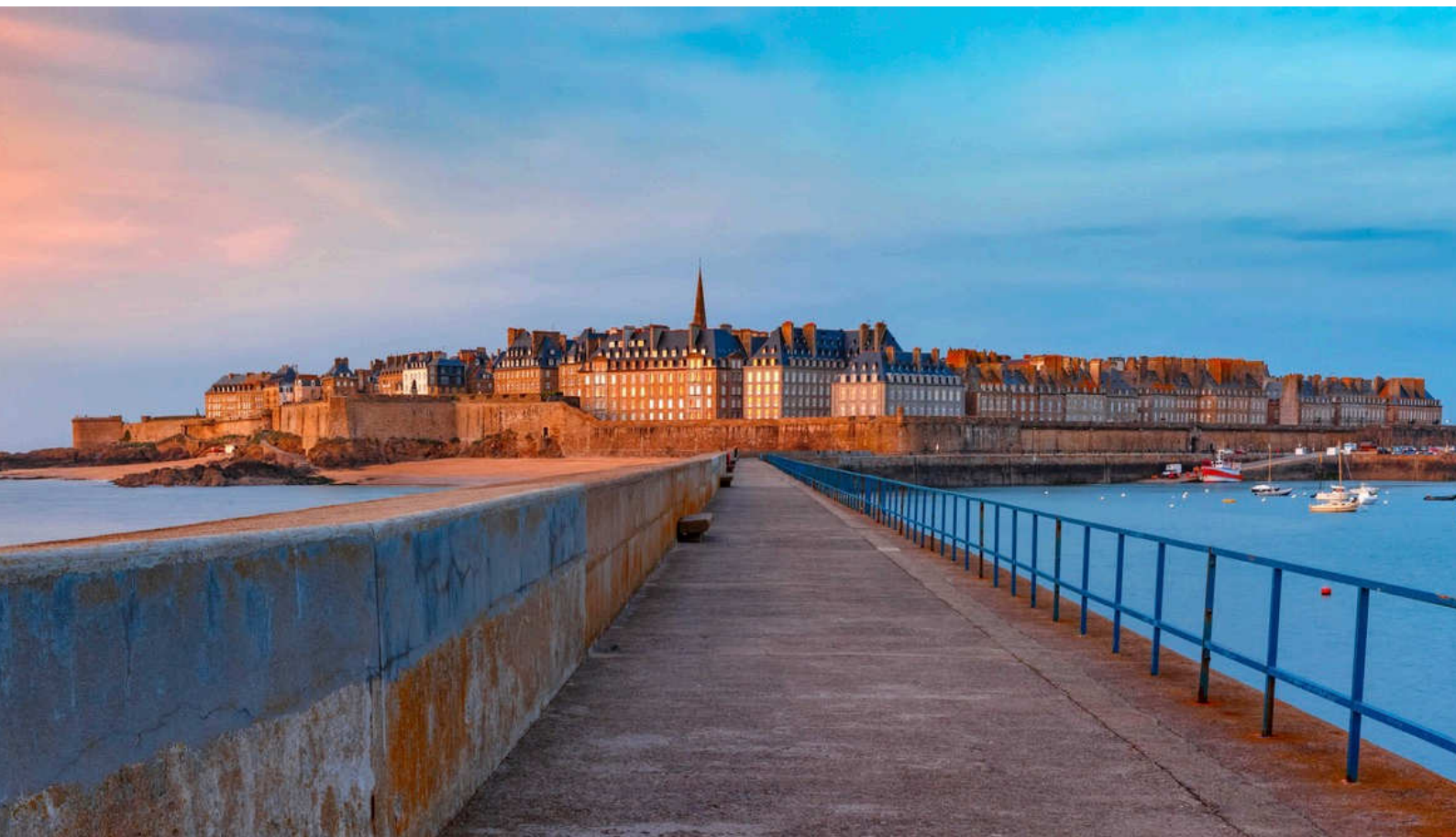
DAY 9

St Malo - Free Day

Today is a free day and the perfect opportunity to visit St Malo. Walking through the cobbled streets of the old town feels like stepping back in time.

The evening is at your own leisure

 **SAINT MALO, BRITTANY, FRANCE**



DAY 10

Saint Malo - Quiberon - Belle Ile

Today we leave our hotel in St Malo and travel south-west to the seaside town of Quiberon. Lunch could be in a “crêperie”, Brittany’s most popular kind of restaurant, serving the local “crêpes” with all sorts of tasty fillings. Depending on the ferry timetable, we leave in the afternoon and take the ferry to Belle Ile. It is the largest of Brittany’s islands and made up of four municipalities - Le Palais, Bangor, Locmaria and Sauzon. No place is named with greater justification than Belle Ile (in English beautiful or charming island). Between quiet beaches, spectacular cliffs and colourful ports, the island offers a landscape mosaic of the finest kind. Belle-Ile’s beauty has long inspired sailors, authors like Flaubert and Dumas and painters like Claude Monet and Matisse. Belle-Ile is 18kms long and 9kms wide - the Island has a total circumference of about 110kms. It is a little urbanised, relatively little touched by tourism and automobile traffic is low - fortunately there is no coastal road. The island has retained a rural character. The atmosphere is peaceful. You can encounter many little animals like rabbits, hares, pheasants, sea birds, including oystercatchers with their characteristic singing. The main port, Le Palais, is located on the north coast. The three other villages are - Sauzon, Bangor and Locmaria. Our hotel, Le Grand Large, boasts an unbeatable location, right on the characteristic steep cliffs overlooking the Atlantic Ocean - surely one of the most picturesque places to stay in Belle-Ile-en-Mer. We meet at the terrace for an aperitif and take the time to watch the sunset. In the restaurant we can enjoy a delicious Brittany seafood dinner with dramatic ocean views.

 **5 HOURS**

 **LA GRAND LARGE, BELLE ILE, BRITTANY, FRANCE**

DAY 11

Grand Phare - Port Donnant - Pointe Du Talut - Plage D'herlin

Today's walk takes us straight out of the hotel along the Côte Sauvage (wild coast). With its rocky "needles", sea caves and rough Atlantic waters - it is definitely a dramatic site. For Impressionist fans (or those who have paid a visit to the Musée d'Orsay in Paris), this is the coastline that inspired Monet's series of paintings. We pass the small village of Kervilahouen and the 'grand lighthouse' which is one of the finest lighthouses on the coast of France. It was built in 1836 and has a total height of 84 metres. Claude Monet lived in Kervilahouen in 1886 and it was here where he painted his famous Rock Needles from Port-Coton - they are pointy rocks that indeed just leap out of the sea. We have spectacular views all along this superb stretch of coastal path. Up and down along our track we enjoy stunning views of the rocky coast which is sometimes interrupted by beautiful sandy beaches like the attractive beach of Donnant. In the afternoon we cross a few narrow valleys leading to pebbly coves and Talut Point. Walking up a slope the terrain is particularly rugged and often quite dense with vegetation. From here we overlook two beaches with difficult access, before reaching the beautiful Herlin Beach. We return to our hotel where we have enough time to enjoy the pool and a drink on the terrace. Dinner will again be in the gastronomic restaurant of our hotel.

 **5 HOURS**

 **LE GRAND LARGE, BELLE ILE, BRITTANY, FRANCE**

DAY 12

Le Grand Large - Free Day

A day of rest and to reflect on the many experiences of the past days. Pamper yourself and stroll the 5 minutes to the nearby Thalasso Spa. It has a sauna, steam room and whirlpool. It also offers a large variety of treatments. A great way to discover the many small hamlets in the countryside is with the two-seater buggy cars which are for rental. For the more energetic, you can go and do the same but with a mountain bike. In the evening we meet again for dinner at our hotel.

LE GRAND LARGE, BELLE ILE, BRITTANY, FRANCE



DAY 13

Kerzo - Sauzon - Pointe Des Poulains - Port De Steir Vras

Today we take the short drive to the village of Kerzo where we start our walk. We soon reach the Pointe de Kerzo and join the coastal walking path in the direction of Sauzon, with beautiful views across the rugged plateau and the ocean.

Among the ferns and heather, our trail passes through several coves. Some small forts, built in the 17th century, often protect them. After some deserving efforts we reach the beautiful small port of Sauzon where we stop for lunch.

Sauzon is one of the most famous sites of Belle-Ile with attractive little lanes and an enticing, colourful port. It is well sheltered from the prevailing winds and amongst 917 inhabitants, nine fishermen keep the profession alive and supply the tables of Belle-Ile with fish, crabs and lobsters on a daily basis.

In the afternoon we join the coastal trail to Pointe Cardinal and follow the rugged coast which was shaped by the wind.

We reach Pointe des Poulains Island at the north-west end of Belle-Isle and can admire the strong waves, breaking on the rocks. This small island has a lighthouse which was built in 1868 (its light can be seen up to 23 miles away). Depending on the tides, we may or may not be able to make the loop of the island.

As we continue along the West Coast, the Sarah Bernhardt fort appears. The great actress (1844-1923) had fallen in love with this place which did fit so well with her tempered character! Today the restored building houses a museum.

The trail continues now to the south and passes a fountain and semi-circle that Sarah Bernhardt had installed on a promontory.

Take care of stray golf balls when we walk along the edge of the golf course and have a look at hole No.2 which requires a flight of stairs and is 120 metres above the sea to reach the green on the other side!

500 metres further ahead on the left side of the trail, we come to the Baguen-Hir wells - a sinkhole of 30 metres deep and 50 metres in diameter, with the sea below. Soon we have wonderful views of the Ster-Vraz cove and its tributary Ster-Ouen.

We return to our hotel and make the most of this wonderful setting before we meet for our farewell dinner.

 **5 HOURS**

 **LA GRAND LARGE, BELLE ILE, BRITTANY, FRANCE**

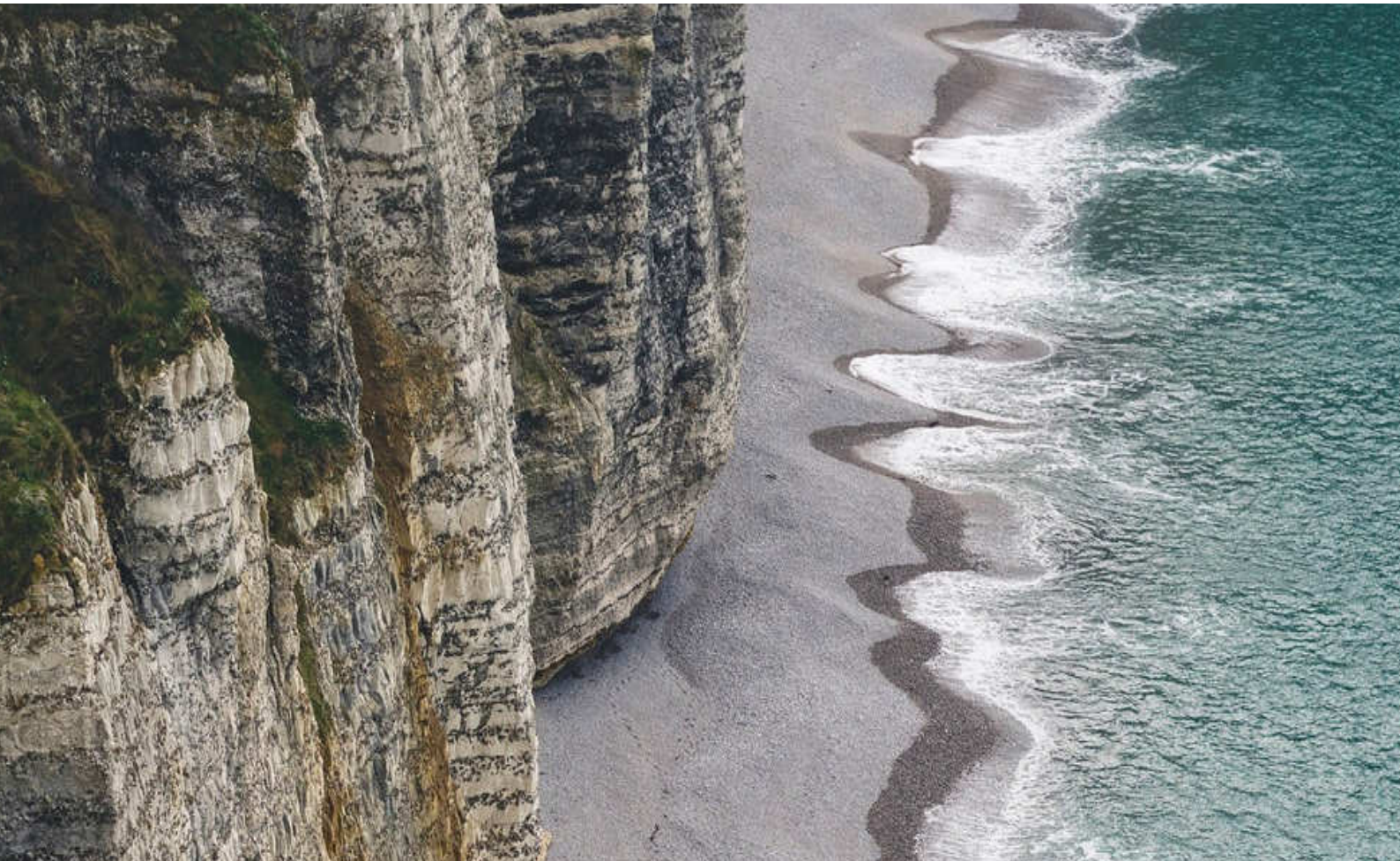


DAY 14

Le Grand Large – Vannes

After a relaxing breakfast in our spectacular seaside location, we travel to Le Palais from where we take the ferry back to Quiberon.

From here we drive to Vannes where the tour ends at approximately 13.00 - 14.00 p.m. at the railway station.



Journey Accommodation

Budock Veau Hotel, Falmouth

NIGHT 1 - 4



Mill End Hotel, Chagford

NIGHT 5 - 6



Hôtel Le Nouveau Monde, Saint Malo

NIGHT 8 - 9



Le Grand Large, Belle-Ile-En-Mer

NIGHT 10 - 13



Journey Notes

TOUR INCLUDES

- Experienced guides.
- Pick up at 10.00 a.m. at Mercure Exeter Southgate in Exeter on Day 1 and drop off between 1.00 – 2.00 p.m. at the railway station in Vannes on Day 14.
- Price includes transport between Exeter on Day 1 and Vannes on Day 14.
- Twin share accommodation for 12 nights.
- 1-night twin share accommodation in an outside cabin on the Brittany Ferry from Plymouth to Roscoff, 13 breakfasts, 1 lunch and 10 dinners.

NOT INCLUDED IN TRIP COSTS

Transport before and after "the walk", lunch, except the one in Chagford. 3 evening meals, evening drinks, in-between meal snacks, personal clothing, laundry, medical expenses and items of personal nature and entry fees.

WHAT TO BRING

Daypack, comfortable walking shoes (or boots), waterproof raincoat and rain over-pants. Hat, sunglasses, sun-cream and bathers. The weather in England, Normandy and Brittany in late spring can be expected to be warm enough with temperatures in the early 20s. Wet and cool air can be experienced at any time during this period so it is necessary to carry at least one set of warmer clothes, just in case.

As we are restricted with the amount of luggage we can carry in our vehicles, please ensure that your CASES DO NOT EXCEED 20 KG's per guest.

PRE-WALK PREPARATION

We suggest that prior to your walking holiday you prepare yourself to obtain a level of fitness that will allow you to enjoy your walking holiday.

This, of course, is dependent upon your existing fitness level. Remember, the fitter you are, the more you will enjoy the holiday!

- Start with some short walks which include stairs or hills and increase the length of walks over a couple of months.
- We suggest you carry a backpack with water, camera, jacket, snacks, etc. to assist you with your preparation and allow you to get used to the extra weight on your back.
- We also ask that your boots are comfortable and well-worn in.
- Perhaps enjoy some walks through our local national parks and over uneven surfaces to gain confidence with your boots or new walking shoes.

PLEASE NOTE

All accommodation on tour includes private facilities (toilet and shower/bath).

Single rooms can usually be arranged for a supplement. Please ask for details. We will endeavour to match people together if they would like to share a twin room with another guest to avoid paying the single room supplement. However, as this is not always possible, 'single' clients will have to pay the supplement.

All walks during the 14-Day tour are optional or can be taken in parts. Guests can choose to have more free days than the one already included in the itinerary.

The walking pace on the walks is leisurely. Guests do not have to be experienced, although a good level of fitness is necessary.



Get in touch and book your journey today.

 **0461 277 612**

 **info@walkaboutgourmet.com**

Follow the journey.



Quality Practices

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