

HIKING JOURNEY

Italian Lakes

WALKING IN SWITZERLAND & ITALY - LAGO MAGGIORE, LAGO DI COMO &
LAGO DI GARDA

14 DAYS



WALKABOUT
GOURMET ADVENTURES

Journey Overview

This magnificent walk extends from the Ticino in Switzerland to the Veneto in the south. Narrow and long, these lakes are all from glacial origin and their banks are covered with varied and luxuriant vegetation. The numerous villas with attractive gardens on the lakeside, the great variety of flowers throughout the year and the small sailing villages add to the charm and originality of these pre-alpine lakes.

Late spring at Lago Maggiore! With its mediterranean climate and fantastic food, it is an ideal region to begin our walk. Passing this majestic lake, our route takes us through the narrow gorges of the Verzasca and the Centovalli. The grottos (restaurants) along the way offer fresh homegrown produce and such delicacies as minestrone, saffron risotto and rabbit in red wine with rosemary potatoes.

At the enchanting Lago di Como we are surrounded by wooded hills below the majestic mountains. The lake consists of three long narrow arms and has a total length of 50 kms. We walk on old mule tracks through varied and lush mediterranean vegetation with splendid views across the lake. The Panoramic Trail, which begins in the picturesque little village of Soglio, just across the border in Switzerland, offers some majestic mountain scenery.

Lake Garda is the largest and perhaps the most beautiful of the northern Italian lakes. Sheltered by the Dolomites, it has a temperate climate and historically was the most northern locality in the world where citrus fruits could be grown commercially. Our itinerary includes a walk at Monte Baldo, the Sentiero Angelini and a walk to the fairytale castle of Drena. To catch a glimpse of the imposing private villas and gardens, we take a ride on a steamer, which regularly ply the lake and walk from Gargnano to Muslone.

Journey Schedule

DAY 1

Luzern - Lago Maggiore - Intragna

DAY 2

Intragna - Calezzo - Corcopolo - Verdasio - Lionza Borgnone - Camedo

DAY 3

Locarno - Val Verzasca - Intragna

DAY 4

Intragna - Free Day

DAY 5

Intragna - Stresa - Varenna

DAY 6

Varenna - Bellano

DAY 7

Varenna - Chiavenna - Soglio

DAY 8

Varenna - Menaggio - Sass Corbée - Monti Di Madri - Menaggio

DAY 9

Varenna - Sondrio - Edolo - Malcesine

DAY 10

Malcesine, Lago Di Garda, Italy Malcesine - S. Martino - Braila - Drena - Malcesine

DAY 11

Malcesine - Monte Baldo - S. Michele

DAY 12

Malcesine - Free Day

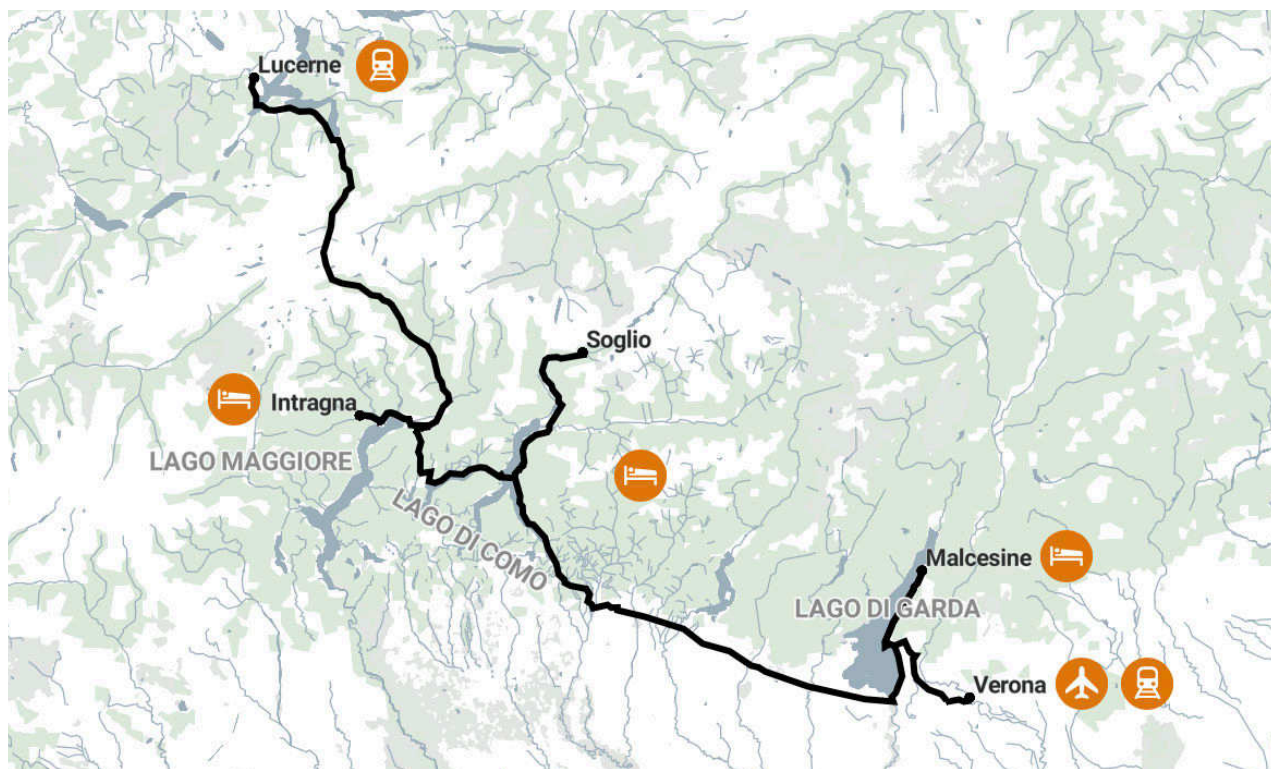
DAY 13

Malcesine - Gargnano - Muslone

DAY 14

Malcesine - Verona

Journey Itinerary



DAY 1

Luzern - Lago Maggiore – Intragna

We meet at 10.00 am at:

HOTEL MONOPOL

6002 Luzern, Switzerland

Ph: 41 41 226 43 43

www.monopolluzern.ch

and it is certainly recommended to spend one or two days prior to our departure to discover this pretty city!

After our pick-up, we join the freeway and weather permitting, we will drive up to one of the great mountain passes. The experience of using the St Gotthard Pass Road is very

impressive with innumerable twists and turns as we drive up to the top at an elevation of 2,091 metres. It's one of the most vital roads in Europe stretching for 64 kms between German-speaking Andermatt and the Italian-speaking village of Biasca. It also connects the southern canton of Ticino and central Switzerland as well as most of the northern part of the country. The St. Gotthard Pass was named for a chapel erected about 1300 in honour of Saint Gotthard, Bishop of Hildesheim (near Hannover, Germany). The first road over the pass was opened in 1830 and it connects Airolo in the canton of Ticino and Göschenen in the canton of Uri. As the road flattens out at the top of the pass we stop for lunch and have time to visit the National Gotthard Museum where we learn about the history of the pass and the efforts to make it more easily passable over the years.

A railway tunnel under the pass was opened in 1881. The tunnel is about 15 kms long and about 900 metres beneath the pass. In case of rain or bad weather conditions, we use the highway tunnel under the pass, which was opened in 1980. With a length of 16.3 kms, it is one of the longest vehicular tunnels in the world and the most direct link between Zürich, Locarno and Italy.

In Bellinzona we leave the freeway and drive to Locarno at Lago Maggiore where we might have a short stop before we drive the short distance to the Centovalli - our base for the next 4 nights. The name comes from the Latin expression "inter amnes" - meaning between the rivers - the Isorno and the Melezza. It is a truly picturesque village and typical of the canton of Ticino.

Our accommodation is in the comfortable Antico Hotel in the centre of the village and combines a 300-year-old atmosphere with all modern amenities. It also has a lovely small garden and heated swimming pool. Three of our dinners will be at the famous Stazione Restaurant - a renovated railway station building overlooking the Isorno River Valley. One evening we have dinner in a typical grotto restaurant and enjoy delicious home cooked local cuisine.

Our flamboyant hostess, Agnese and her husband Fabrizio have gained quite a reputation throughout Switzerland in the more than 30 years they have been operating their restaurant. One of their specialties is risotto - a classic dish of the

Ticino. Agnese is certainly not shy about her cooking and will invite us to watch her prepare this famous dish, Agnese style! The surroundings and atmosphere of Agnese's restaurant make it a truly gastronomic experience.

 **INTRAGNA, TICINO, SWITZERLAND**



DAY 2

Intragna - Calezzo - Corcopolo - Verdasio - Lionza Borgnone – Camedo

Today's walk takes us into the hinterland of southern Ticino. We begin in Intragna and follow our path that leads into the forest behind the village. The vegetation is sub-tropical and quite foreign to what one imagines Switzerland to be like.

The area is unique and because of the high rainfall and warmer climate, a different ecosystem has developed. Chestnut, walnut, lemon and the first palm trees are visible. There is a different smell about the forest here compared to north of St. Gotthard – a sweetness in the air.

Our route takes us past small settlements and houses that have been abandoned. The vegetation has quickly taken over, engulfing the buildings in a woven mass of tangled vines. Along the way we come across the grottos, (family run restaurants), offering various dishes from their fresh homegrown produce.

They are often very simple little establishments that offer very tasty food. It is also best to keep your eyes on the path as snakes are not a rarity here. As we wander along the trail between villages and hidden houses, it is hard to imagine, only half an hour away, life is going on at a bustling rate.

In Verdasio we break for our lunch and allow ourselves the opportunity to absorb the tranquility and peacefulness of the Ticino countryside. Continuing along the forest path we reach Camedo where we join the famous Centovalli mountain train. On the journey, the train crosses 79 bridges and goes through 20 tunnels. In Intragna we leave the train and stroll back to our hotel where we have time to relax by the pool before being guests of Agnese in her Stazione restaurant again.

 **5 HOURS**

 **INTRAGNA, TICINO, SWITZERLAND**

DAY 3

Locarno - Val Verzasca – Intragna

Today we by-pass Locarno and travel on a narrow, winding road to the romantic canyon of the Verzasca. Time seems to have stood still here – old stone houses in the traditional style, rocky bluffs, tiny vineyards clinging to the sides of hills and the clear rushing waters of the Verzasca River.

Near the 17th century bridge, also known as the Roman Bridge in the romantic village of Lavertezzo, we park our buses and continue with the local bus to Sonogno – the last village of the valley. It consists of many narrow lanes and is well known for its natural dyeing of wool. Here it is still possible to buy some handmade woolen garments.

From Sonogno we follow a beautiful path beside the river down the valley. Here the Verzasca river carves impressive sculptures on the smooth polished rocks and the many natural jacuzzis are inviting for a swim. The magical green waters of the Verzasca River are an intense green, hence the name – Verzasca – “green water”. In Brione we stop for lunch. This small village is situated on a little plateau where the rivers Osola and Verzasca meet. The parish church here has the most precious frescos attributed to Giovanni Baronzio, an apprentice of the school in Rimini and of Giotto himself. Of interest, is the Castello Maracci, which is now a restaurant. It was the summer residence of Baron Maracci from Locarno and was built around 1516.

In Lavertezzo we re-join our buses and stop at the Verzasca dam on the Lago die Vogorno. It was exactly here where James Bond once jumped 220 metres attached to no more than a rubber rope. We spent some time to visit the wall and it is certainly fascinating watching those who are looking for the ultimate adrenalin rush on the 007 bungee jumps, lasting exactly 7½ seconds.

 **6 HOURS**

 **INTRAGNA, TICINO, SWITZERLAND**

DAY 4

Intragna - Free Day

Our hotel is the perfect setting for those wishing to have a quiet day around the pool or you can take the Centovalli train and visit Locarno at your leisure. The town unites the splendour of the Alps with the serenity of the lakes. Its mediterranean climate and luxuriant vegetation contrasts dramatically with the ruggedness of the Alps. The region enjoys the most hours of sunshine in Switzerland with warm summers and mild winters.

The heart of the town is the Piazza Grande where the cultural and business life of Locarno gravitates. In recent years the piazza has assumed notoriety not only thanks to the international film festival but also to prestigious open-air concerts. The old part of the town was mainly developed between the 16th and 17th centuries and is characterized by authentic Lombard-style arcades.

It is also possible to visit the island of Brissago with its Botanical Garden. It has numerous exotic plants of sub-tropical origin from various parts of the world.

INTRAGNA, LAGO MAGGIORE, SWITZERLAND



DAY 5

Intragna - Stresa – Varenna

Today we leave our lovely hotel and follow the shores of Lago Maggiore into Italy. It covers 65 kms from south to north and we travel the entire length. The area surrounding Lago Maggiore is an elite tourist destination. It combines the beauty of the landscape with the affluence of the mansions and palaces, encircled by lush gardens. In Stresa we stop for lunch and allow time to visit the “Isole Borromeo”. They are a group of beautiful little islands in the lake; named after the Italian Borromeo family who still own the Isola Madre, Isola Bella and Isola San Giovanni. The most famous of the islands is the Isola Bella, which was a barren rock with a small church and a few cottages, before it was almost totally occupied by a huge palace. It has beautiful terraced gardens and was built in 1631-71 for Count Carlo III Borromeo, in honour of his wife, from whom it takes its name. Near Isola Bella is the Isola dei Pescatori or Isola Superiore, which occupies a pretty little fishing village and is also worth a visit. Near Arona we join the autostrada A8 and then the A9 to Como. We soon reach the lake and travel along its edge to Varenna. The town is like a sentinel at the crossroads of the lake. Built on a rocky promontory, it is dominated by the sheer mountain. It is a ferry port and overlooked by a ruined 11th century castle. A curiosity not to be missed is the shortest river of Italy, Fiumelatte. It is only 250 metres long and only runs for 6 months a year (March - October). Although numerous experts have studied this oddity, it is still not known why the water is intermittent. Our very comfortable hotel is right on the edge of Lago di Como and the big terrace above the lake is the ideal place to sip a glass of prosecco and watch the sunset. Very close to our hotel is the famous Villa Monastre from where we have amazing views across the lake. Obviously the cuisine is based on fish and fresh vegetables. Everything is under the “home-made” banner, from the savoury salami to some typical kind of cheeses, farmyard chickens, goat-kids and delicious mushrooms.

VARENNA, LAGO DI COMO, ITALY

DAY 6

Varenna – Bellano

This morning we walk up to the hamlet of Vezio, which is one of the most interesting among the thirteen villages belonging to Perledo's municipality. It is a small group of stony houses and has about fifty inhabitants. It has kept its ancient features and its inhabitants were probably a Ligurian-Celtic, perhaps even Etruscan. Hidden behind some ancient wall is the Castello of Vezio from where we have an amazing view over the lake of Como. In front of us is the peninsula of Bellagio that divides the lake into two arms: the arm of Lecco on the left and the arm of Como on the right. As we enter the wall surrounding the tower, we will see the remains of this military fortress that was used as a sighting tower from the days of Queen Teodolinda. From the top of the tower we have a magnificent 360° view of Lake Como. A highlight is always the rare opportunity to meet the "falconer of the castle". He wears contemporary dress and will be glad to show us the birds of prey living in the castle: barn owls, owls, buzzards, hawks and others. Before re-joining our path we won't miss out on a delicious hot chocolate or cappuccino in Vezio's local bar. Along our trail we enjoy splendid views across Varenna and the central lake area. Lake Como is renowned for its climate, which is generally mild and humid and thus furthering the growth of cypresses, laurel trees, camellias, azaleas, rhododendrons and magnolias. The lower slopes of the mountains surrounding the lake are covered with chestnut woods. Daffodils and lilies flourish on higher pastures. We follow an old mule track through some varied and lush mediterranean vegetation to Bellano. Take your time and stroll through the historic centre with the fine Lombard church of Santi Nazario e Celso. Bellano lies at the bottom of the steep Orrido gorge and the Pioverna torrent, which is also worth seeing. Here a series of steps and gangways threads through the rocky chasm and its bulging walls, offering remarkable views of the thundering water just below. As the remaining day and evening is at your own leisure, it is a wonderful opportunity to take the ferry and visit either Bellagio or Como.

 **4 HOURS**

 **VARENNA, LAGO DI COMO, ITALY**

DAY 7

Varenna - Chiavenna – Soglio

Today we drive into the magical Val Bregaglia. It is known for its rocky, enchanting mountains and unspoiled landscape. We cross the border into Switzerland at the village of Castasegna - well known for its magnificent chestnut trees. Our walk begins in Casaccia, the highest of the valley villages, on the ascent to the Maloja pass. The Panorama Trail, as it is known, takes us across lovely meadows and through thick conifer forests. Near Durbeggia we stop for lunch and admire the majestic scenery. Below us is the Val Bregaglia and towering above are the peaks of Piz Bacun, Scoria Dofora and the rest of this magnificent range - rising above 3,000 metres. In the afternoon the track continues to traverse the northern slopes of the valley before arriving in the isolated village of Soglio. This old and picturesque little village lies on a sunny terraced plateau and offers a magnificent view over the Bondasca. Above the roofs of the simple peasant houses rise the mansions of the famous Salis-Soglio family - the Casa Aelta, the Casa Battista, today's Palazzo Salis Hotel, the Casa Antonio, Casa Gubert and the Palazzo Max. Below Soglio there are large chestnut groves where families go in autumn to harvest the fruits of these plants. At this time of the year, the farmhouses "smoke" the chestnuts and a bluish smoke rises, like magic, amongst the branches of the tall trees with their multi-coloured leafy branches. Our restaurant in Soglio is just the right place to watch the sun set and indulge in a wonderful chestnut dinner.

 **5 HOURS**

 **VARENNA, LAGO DI COMO, ITALY**

DAY 8

Varenna - Menaggio - Sass Corbée - Monti Di Madri – Menaggio

This morning we take the ferry and drive across to Menaggio and the village of Loveno with its splendid villas and church of San Lorenzo. Our walk takes us through the beautiful countryside behind Lake Como and is very interesting for its historical aspects. On the banks of the river Senagra, we find several reminders of pre-industrial activities. At Pianure we follow a small section of the “Percorso della Salute”, a jogging trail, before turning off to the river Senagra. Here we pass an ancient brick-oven “Galli” before we reach “La Chioderia”, once a factory where nails were made. It is now a typical restaurant with a trout-farm and a cosy place to stop for lunch.

We continue along an old cart track which leads us to Mulino Carliseppi (456 metres), a mill, where not a long time ago wheat and corn were ground. We cross the old stone bridge and pick up the path to the right which leads along the bank of the river to Sass Corbée. Here, enormous boulders obstruct the passage of the river. We climb up the steps, hewn in the huge monolith rock and continue our way to an ancient lime-pit called Fornace della Calce. From here we walk through the woods and after approximately 40 minutes, we arrive at the beautiful pastures of Monti di Madri (570 metres). We now follow the river and after a short steep climb arrive at the small prayer chapel of Sant Rocco. A country lane leads downhill into the fantastic hill village of Nagio with its beautiful lanes and hidden piazzas. From here it is all downhill to Velzo and the old “La Chioderia”, where we stop for afternoon tea. From here it is only a stroll to return to our buses and we drive back to Menaggio, allowing some time to discover this pleasant little town on the west bank of Lake Como. It has the most ancient origin and was already an important centre at the time of the Roman conquest, which took place in 196 BC. Today it is considered the “metropolis” of the central part of the lake. It is built up with beautiful old houses, Belle Époque hotels and has several interesting churches.

In the evening we meet for an aperitif, followed by a dinner in one of the famous villas.

 **5 HOURS**

 **VARENNA, LAGO DI COMO, ITALY**

DAY 9

Varenna - Sondrio – Edolo – Malcesine

Today we leave our charming hotel and drive to Sondrio, the provincial capital in the centre of the Valtellina. It is a mountainous area in the northern-most part of Lombardy, on the border with Switzerland. From here we follow the Camonica Valley to Edolo and travel through the Trentino Alps. Edolo is surrounded by beautiful scenery and Ponte de legno is the main resort of the region. We continue to Rovereto and shortly after turn-off in the direction Riva de Garda. From here it is not far now to our base for the next 5 nights in Malcesine. It is a charming town and stands on a promontory at the foot of Monte Baldo. Lago di Garda is the largest and perhaps most beautiful of the northern Italian lakes. It lies between the Alps and the Po Valley and enjoys a temperate climate. This enables the cultivation of olives and lemon trees and numerous cypresses in thick woods characterize the vegetation on its shores. Our hotel is set in a large garden with swimming pool and magnificent views of the lake. Originally built as a villa during the Belle Epoque, it went through various changes before it became the Bellevue San Lorenzo that we know today. In the evening we invite you to enjoy traditional specialties of the Veneto, which are often characterized by fresh fish from Lake Garda. Pasta is eaten in large quantities but more typical is polenta, made from maize flour and also many types of risotto.

MALCESINE, LAGO DI GARDA, ITALY



DAY 10

Malcesine, Lago Di Garda, Italy Malcesine - S. Martino - Braila - Drena – Malcesine

Our day's excursion takes us into the Sacra Valley. On our way we pass Arco, which is most famous for its castle of the same name. It is dramatically crowned with ancient, dagger-sharp cypresses and was built to defend the Valle di Sarca. Our walk begins in S. Martino, which is renowned for all the many apple orchards. During our ascent through the forests we have fine vantage points for wide views over the lake. Soon after we reach a plateau and discover some old cave-like looking quarries, which are worth exploring.

Following an easy trail, we come to the sun-drenched hamlet of Braila where time seems to have stood still. It is the ideal lunch spot and even the keenest walker must admit that the tranquility is too inviting to resist a siesta.

In the afternoon we continue along and olive and chestnut orchards, the latter with enormous trees, mark the path to Drena. As a surprise along the way comes an open-air modern art exhibition, just before Drena. The town lies at the bottom of Val Cavedine and the landmark here is the stark Castello. Its tower rises up like a finger accusing heaven.

Built by the Counts of Arco in 1175 and ruined by Vendome in 1703, the lists, where knightly tournaments once took place, have been restored to host congresses and theatrical performances. The keep has splendid views, taking in the mighty glacial moraine with a remarkable field of enormous boulders.

We end our day with a short visit and the rare treat of sipping local wine in a real castle. We re-join our buses and return to Malcesine.

 **5 HOURS**

 **MALCESINE, LAGO DI GARDA, ITALY**

DAY 11

Malcesine - Monte Baldo - S. Michele

After our breakfast we take the cable car to Monte Baldo. During our ride we have a bird's eye view of the changes in vegetation on the slopes of the Monte Baldo range, from the lakeshore at 90 metres elevation to 1,800 metres at the top station. Monte Baldo is renowned for its marvellous array of wildflowers and is popularly known as Italy's botanical gardens.

After allowing time for a stroll on this picturesque plateau, we take the cable car down to the middle station at S. Michele. We stop for lunch in a lovely albergo where we can admire the exceptional views down to Lake Garda. On our descent, we walk across alpine meadows, abundant with wildflowers.

We reach a tall forest of pine and beech. As we get closer to the shores of Lake Garda, we enter groves of ancient olive trees – an important industry for the local population. We return to our hotel and the evening is at your own leisure.

 **5 HOURS**

 **MALCESINE, LAGO DI GARDA, ITALY**



DAY 12

Malcesine - Free Day

Malcesine was the seat of the Veronese Captains of the Lake in the 15th and 17th centuries and their old palace is now used as the town hall.

The little garden on the lake is open to the public. Today you have time to stroll through Malcesine and wander along the old streets. Walk up the narrow road to the 13th-14th century castle of Scaligers, which was restored by Venice in the 17th century.

There are many outdoor restaurants at the lakeshore for a leisurely lunch. Otherwise just relax in the gardens and laze around the pool.

Tonight, we meet for an aperitif before another lovely dinner at Hotel Bellevue San Lorenzo.

MALCESINE, LAGO DI GARDA, ITALY



DAY 13

Malcesine - Gargnano – Muslone

This morning we take the ferry to the delightful village of Gargnano. After allowing time to buy our picnic lunch, we begin our walk beside the lake. Soon we pass Villa Feltrinelli - the last residence of Mussolini.

Our track continues beside the lake on the old, now closed, coastal road. Below us are the remnants of the old hothouses. When this region was part of the Venetian republic, a great deal of innovative effort was expended early in the 15th century to bring greater prosperity than that derived from fishing and growing olives.

This made this part of Lake Garda the first and most northern citrus growing area in Europe. Soil was imported from the southern reaches of the lake to be spread over the unproductive soil. An irrigation system was devised - the huge protective structures built with lines of walls spouting rows of columns, to support the timber roof beams. All this was done to protect the trees from the cold blasts of north-easterly winds, which they have done very successfully - the lemon trees usually flower three or four times each year. Cultivation continues, though not on the same scale as in earlier days.

Shortly before Muslone we climb up through a patch of thick coastal scrub, arriving at a lovely grassy meadow. The panoramic views from here make it an ideal lunch spot. Later we enter the tiny village of Muslone, the highest point of our walk. We begin our descent through old olive groves, having Lake Garda in constant view below. In the late afternoon we arrive in Gargnano where we have time for a refreshing drink before catching the ferry to Malcesine.

 **5 HOURS**

 **MALCESINE, LAGO DI GARDA, ITALY**

DAY 14

Malcesine – Verona

After our last breakfast we drive to Verona. It is one of the most attractive cities in northern Italy. The wide pavements of its pleasant streets, made out of huge blocks of red Verona marble, give the town an air of opulence. It was the birthplace of Catullus and has impressive Roman remains including the famous amphitheatre known as the Arena.

It was used as a theatre and also as the gateway to the Roman town. Its numerous fine Romanesque and Gothic churches, including the beautiful basilica of San Zeno, contain interesting sculptures and paintings by local artists. Shakespeare's Romeo and Juliet was set in Verona. Their sumptuous tombs and their castle - Castelvecchio, with its bridge, commemorate the Scaligeri family who ruled the town from the late 13th century for over a century.

The tour concludes at the Verona railway station at approximately 12.30 p.m.



Journey Accommodation

Hotel Antico, Intragna

NIGHT 1 - 4



Hotel Olivedo, Varenna

NIGHT 5 - 8



Hotel Spa Bellevue San Lorenzo, Malcesine

NIGHT 9 - 13



Journey Notes

TOUR INCLUDES

- Experienced guide.
- Pick up at Hotel Monopol in Luzern (Switzerland) and drop off at Verona, (Italy) main railway station on Day 14.
- Price includes transport between Luzern Day 1 and Verona Day 14.
- Twin share accommodation from Day 1 to Day 13, including 13 breakfasts and 11 dinners.

NOT INCLUDED IN TRIP COSTS

Transport before and after “the walk”, lunch evening drinks, in-between meal snacks, personal travel insurance, personal clothing, laundry, medical expenses and items of a personal nature and entry fees.

PRE-WALK PREPARATION

We suggest that prior to your walking holiday you prepare yourself to obtain a level of fitness that will allow you to enjoy your walking holiday.

This, of course, is dependent upon your existing fitness level. Remember, the fitter you are, the more you will enjoy the holiday!

- Start with some short walks, which include stairs or hills and increase the length of walks over a couple of months.
- We suggest you carry a backpack with water, camera, jacket, snacks, etc. to assist you with your preparation and allow you to get used to the extra weight on your back.
- We also ask that your boots are comfortable and well worn in.
- Perhaps enjoy some walks through our local national parks and over uneven surfaces to gain confidence with your boots or new walking shoes.

WHAT TO BRING

Daypack, walking boots (sport shoes not suitable), thick socks, waterproof raincoat, folding umbrella, sun hat, sunglasses, sun cream and bathers. A pair of walking sticks

makes the walking easier and helps with the balance on rough terrain. The weather in Italy in late spring can be expected to be warm enough with temperatures in the early to mid-20s but mountain regions are often a bit cooler. Wet and cool air can be experienced at any time during the summer, so it is necessary to carry at least one set of warm clothes, just in case.

For the picnic lunches don't forget your pocketknife. Corkscrew is available from the guides. We can also recommend telescopic walking sticks as being useful. As we are restricted with the amount of luggage we can carry in our vehicles, please ensure that your CASES DO NOT EXCEED 20 KG's per guest.

PLEASE NOTE

All accommodation on tour includes private facilities (toilet and shower/Bath). Single rooms can usually be arranged for a supplement. Please ask for details. We will endeavour to match people together if they would like to share a twin room with another guest to avoid paying the single room supplement. However, as this is not always possible, 'single' clients will have to pay the supplement.

All walks during the 14 Day tour are optional or can be taken in parts. Guests can choose to have more free days than the two already included in the itinerary. The walking pace on all walks is leisurely. Guests do not have to be experienced, although a good level of fitness is necessary.



Get in touch and book your journey today.

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 info@walkaboutgourmet.com

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